



EVALUATION OF THE IMPACT OF THE NATIONAL HEALTHY SCHOOL STANDARD

**This document has been extracted by the Schools Health Education Unit
in order to show references to the Health Related Behaviour Questionnaire**

FINAL REPORT

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Introduction

The National Healthy School Standard (NHSS) is part of the Healthy Schools Programme, led jointly by the Department of Health (DH) and the Department for Education and Skills (DfES), in partnership with the Health Development Agency (HDA).

On behalf of DH and DfES, the Thomas Coram Research Unit (TCRU) at the Institute of Education, University of London and the National Foundation for Educational Research (NFER) have conducted an evaluation of the impact of the NHSS. The aims were twofold: to conduct an in-depth evaluation of the implementation of NHSS activities to date, and to develop a set of national outcome indicators, to assess the extent to which the NHSS is meeting its strategic aims.

The Development of an Indicator Set (extract from page v)

A 'long list' of possible impact indicators was identified, and permission obtained for a range of relevant datasets to be analysed. A database was compiled of schools that had attained Level 3 (the highest level of NHSS involvement).

The most fruitful of the pupil databases explored was that derived from responses to the Health-Related Behaviour Questionnaire (HRBQ), which includes questions on many outcomes of interest.

6.5.2 Health-related behaviour questionnaire (extract from page 60)

Analysis undertaken

The HRBQ, developed by the Schools Health Education Unit (SHEU), provides an evaluation of the current patterns in health-related behaviour of primary and secondary schools, many of which are Level 3 schools. In fact, it is the only pupil-level survey covering the primary age range for which data was available to this evaluation. The survey covers almost all of the long-list indicators related to health inequalities, and one relating to social inclusion, and was therefore considered extremely useful.

APPENDIX II: DEFINITIONS OF DATA SOURCES USED

HRBQ (Health-Related Behaviour Questionnaire) was developed by the School Health Education Unit (SHEU), and forms the basis of an annual survey which provides a detailed evaluation of current patterns in health-related behaviour of pupils in primary and secondary schools. The full array of questions provides baseline information on pupils' lifestyles, attitudes and feelings with respect to aspects of citizenship, knowledge and experience of drugs, emotional health and well-being, bullying, dietary patterns, physical activity, safety, and sex and relationships.

Relevant datasets were supplied by SHEU, by arrangement with the DH. The survey relates to most of the indicators of interest.