

HRBQ and the new Healthy Schools Programme

NHSS themes

- Healthy Eating
- Physical Activity
- Emotional Well-being
- PSHE
 - Sex and Relationship Education
 - Drug Education
 - Other topics
 - Health and Safety
 - Citizenship

HRBQ sections

- ✓ Healthy Eating
- ✓ Exercise and Accidents
- ✓ Relationships and mental health
- ✓ Smoking, alcohol, drugs
- ✓ Health and Safety
- ✓ Leisure and money
- ✓ Personal background