

Alcohol: drinking/drunk days

9% of the Year 10 males drank on 3 days and 23% of the Year 10 females got drunk

**During the last 7 days, on how many days did you drink alcohol?
During the last 7 days, on which days did you get drunk?**

Comments

1. In all year groups, the male drinkers outnumbered the females, and also tended to drink on more days. However, on average more than half the 'drinkers' drank on only one day during the past week.
2. 9% of the Year 10 males and 5% of the Year 10 females drank on three days or more.
3. Up to 23% got drunk 'during the last seven days' with older females reporting higher percentages than older males

1. We see that by Year 8 at least half the potential Year 10 'drinkers' have already acquired some taste for alcohol.
2. Drinking habits of adults in general are quite regular, while that of younger adults in the 18-25 age range is more likely to feature 'binge' drinking. For young drinkers there is evidence to suggest that for some 13 – 16 year olds the figure of at least five alcoholic drinks in one session is not uncommon ('Education and Health', 2002, 20:3:46).
3. Most of those who got drunk did so on Friday and Saturday evening.

