

# Worries

Around 33% of 10-11 year olds worry about *family problems*

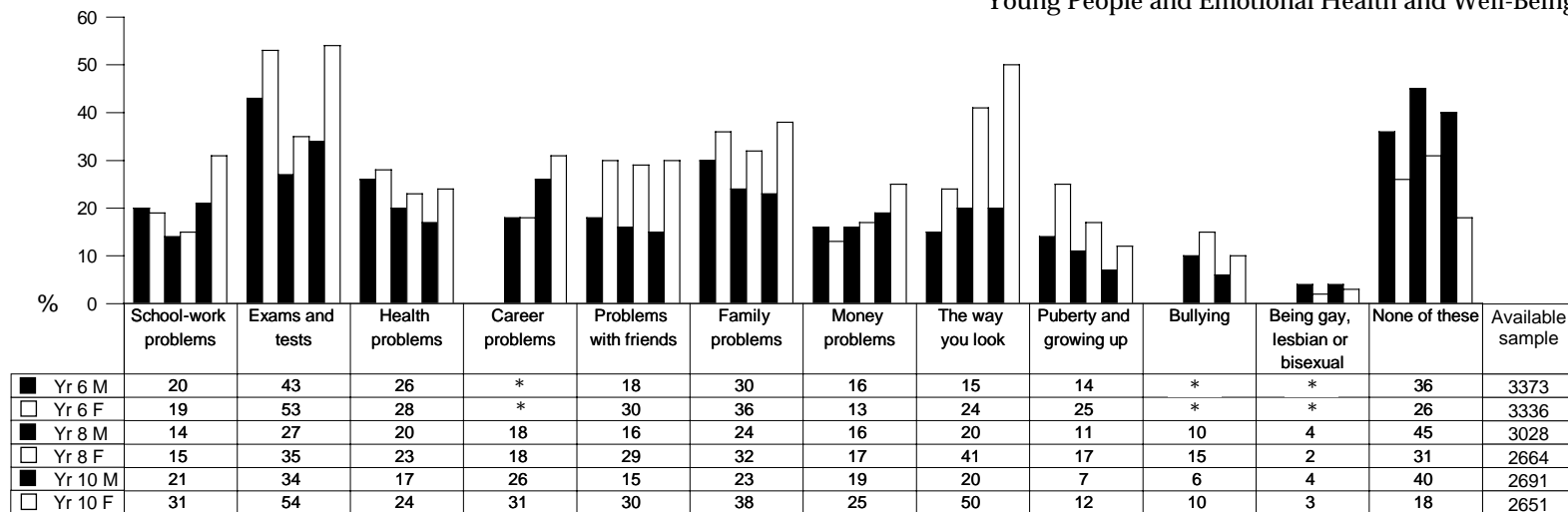
## How much do you worry about these problems?

Responses to 'quite a lot / a lot'

1. *Family problems* cause concern for around 33% of 10-11 year olds.
2. *The way you look* worries the 12-15 year old females more than anything else on the list.
3. For 14-15 year old males, problems with *school-work*, *exams*, *career* and *the way you look* appear to worry them the most.
4. The *none of these* category shows that more females than males worry about things in the list.

## Comments

1. These problems do not necessarily concern the respondents themselves, they could indicate worry about family or friends or even 'society'.
2. *Exams* was a new category in 2004 and up to 54% report this as a worry.
3. As girls grow older, higher percentages worry about all the categories listed here apart from *puberty and growing up* and *bullying*.
4. The percentage of 10-11 year olds, that worry about *family problems*, is slightly higher when compared with figures from recent years.
5. Since 1991, fewer young people worry 'about the way they look' although it has always been the main worry for 14-15 year old females ('Trends-Young People and Emotional Health and Well-Being 1983-2004').



\* Options not available