

How the information is arranged

We attempt to present the information as accurately and helpfully as possible. The 2005 responses are summarised as percentages, in tabular form. The question wording, and the wording of the responses, are presented as accurately as space will permit. We like to indicate *Valid responses* rather than *Sample size*, as *Valid responses* excludes respondents that did not answer the question. However, some presentations combine responses to several questions or sub-questions. In this case there is no single value for *Valid responses*, instead, we give the *Sample size*. In some charts we also include *None of the these* or *None of the above*.

Schoolday lunch

21% of the Year 10 females did not have any lunch

The main observation

The question

What did you do for lunch yesterday? (18)

Comments

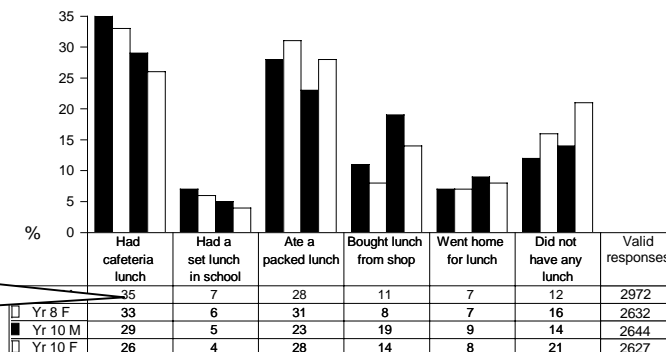
Observations on the data

1. A cafeteria lunch was the most popular option including up to 35% of the Year 8 pupils.
2. Up to 31% had a packed lunch.
3. Figures for a school set lunch are low; up to 7% reported having this type of lunch.
4. 21% of the Year 10 females and 14% of the Year 10 males had no lunch.

1. Up to 31% of all pupils ate a packed lunch. Basic analysis of 1995 data suggested that this group were likely to enjoy a more balanced overall diet than those choosing other lunch options – not necessarily because what was in the lunch box as parents are less likely to put items in the lunch box that their child will not eat. However, those supplying a packed lunch tended to give more thought to what pupils ate.
2. Are those who are buying their lunch from a shop allowed to leave the school premises at lunchtime or are they off-site without permission? 28% of the Year 10 males either went home for lunch or bought their lunch from a shop. Why are they choosing this option above the option of lunch at school?
3. Data since 1983 reveal an upward trend, for all groups, of those not having schoolday lunch (SHEU, 2006, 'Trends-Young People's Food Choices 1983-2005').

Comments on the data

The 2005 data



'Rounded' percentages



Breakfast and lunch: The breakfast question is about this morning, and the lunch question is about yesterday. We cannot demonstrate that the pupil missed both breakfast and lunch on the same day. Nonetheless, we do know that the two options are related. Of the Year 10 females that had nothing to eat for breakfast, 36% reported having nothing for lunch the previous day:

- Proportion having nothing for eat for breakfast this morning: 30%
- Proportion missing lunch yesterday: 21%
- Proportion of those having nothing to eat for breakfast this morning who had nothing for lunch yesterday: 36%

Comments on linked data