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## Rhiannon Lloyd-Jones

### Regent College - Healthy College Standards

Regent College is a small, inner city sixth form college with a diverse student population and a curriculum from entry to advanced level.

When 'Every Child Matters' was launched we did as most colleges - we looked at our provision across courses, tutorial, enrichment, mentoring, etc. and how we met the aims and outcomes and where we needed to improve. We are taking a similar approach to the Healthy College Standards (HCS).

#### Healthy College Standards

As a college who already offers a good pastoral and welfare programme, the challenge is to follow the standards and integrate them into college life, not impose them. We will be using the standards as guides to good practice, helping us to identify what we do well and what we need to develop.

Our college has always been focused on the development of the whole person - an intrinsic part of the HCS. We are a Global Citizens' College and our students contribute and are actively involved in the community; we have a strong volunteering programme locally and internationally; we have an extended studies programme that enables students to explore important political and social issues and we have a wide variety of enrichment opportunities including a growing number of sporting activities.

We have made a number of new appointments recently which will be central to our promoting of the Healthy College. Our Youth Participation Worker is developing learner involvement and

representation, leadership and enrichment and our Youth Development Worker will be involved in the tutorial programme and with individual students on areas such as substance misuse, sexual and mental health.

We were also successful in a bid to sports bodies for a Physical Activity Co-ordinator; a three year post that will encourage physical activity in young people, coaching and volunteering and a healthy lifestyle.

#### Plans

Our plan this year is to have a member of staff (support or teaching) and a student responsible for each of the HCS. They will work with staff and students to pull together the existing practice and develop ideas and events. We are asking for staff volunteers to lead on these and the responsible students will come from the student council although this may be opened up to our tutor representatives.

Our work over the coming months will be to expand on the exciting work already taking place at Regent and to try to meet the HCS without imposing it as an onerous task or another set of criteria that should be met.

With so many standards, quality marks, measurements and new initiatives in further education staff and students are often overwhelmed and confused.

Our challenge as a college will be to embed the HCS, or rather the excellent principles of which they consist, in a way that makes obvious the benefits to the college and the individuals, and entuses all to get involved. It is not to say "this is what we must do" but "look at what great things we are doing and let's explore what more we can do".